



*Margarita Correa, M.D.
Board Certified
Physical Medicine &
Rehabilitation*

Myofascial Pain Syndrome

June 7, 6:00 pm - 7:00 pm

Myofascial pain syndrome (MPS) accounts for a vast majority of soft-tissue pain conditions. MPS is a condition characterized by chronic and, in some cases, severe pain. It is associated with and caused by "trigger points" (TrPs), which are localized and sometimes extremely painful contractures ("knots") found in any skeletal muscle of the body. Come learn about MPS and treatment options. To register call 352.394.4071, ext. 4412. Free and open to the public.



*Angeles Otero, M.D.
Board Certified
Pediatrician*

Common Illnesses in Children and Pediatric Vaccinations

July 12, 6:00 pm - 7:00 pm

Over the course of their lives, children receive vaccines for up to 15 different illnesses. This discussion will review the purpose for each of these vaccines and the different illnesses they help to prevent. The second part of the discussion will focus on the most common infections in school-aged children such as strep, 5th disease, roseola, MRSA. What are the signs and symptoms, how they are transmitted and what if any are the current treatment recommendations? To register call 352.394.4071, ext. 4412. Free and open to the public.



*Santiago Martinez, M.D.
Board Certified
Allergist*

Food Allergies

August 10, 6:00 pm - 7:00 pm

Food allergies are abnormal responses of the body's immune system to certain foods or ingredients. They can manifest themselves as rashes, swelling of the skin, nasal congestion, nausea, diarrhea or anaphylactic shock. About 1-2% of adults and 6-8% of children less than 3 years of age have food allergies. To treat food allergies we must avoid the offending food. Come learn more about the diagnosis and treatment of food allergies. To register call 352.394.4071, ext. 4412. Free and open to the public.



Unless otherwise noted, all classes are held at the
National Training Center (NTC)
1935 Don Wickham Drive
www.southlakehospital.com